



**HATAKEYAMA SENSEI
MENKYO KAIKEN**



TENSHIN SHODEN KATORI SHINTO RYU

BOJUTSU



BOJUTSU

SERI AI NO BO (1)

UCHI KOMI	UKE DACHI
Seigan	Seigan
Iki ni ashi, newari	Mae ni ashi
Shimoite, Seigan	
Hidari gedan no kamae	Sha no kamae
	Seigan (pieds joints)
O saete	Maki uchi men
Shimoite	Ko gasumi (sur place)
Omote yoko men uchi	Yoko men uke
Shimoite	Te ura gasumi
In no maru	Kasumi uke
Hidari suwari gedan	Hidari gedan no kamae
Jodan ukeru	Maki uchi men
Shimoite	Te ura gasumi
Suwari sune uchi	Sune uke
Shimesu	Kote giri
Shimoite	Te ura gasumi
Ura yoko men uchi	Ura yoko men uke
Hiki ashi (bo horizontal)	Hon maki uchi
Tate nami no bo	
Seigan no kamae	Seigan no kamae

BOJUTSU

SUNE KUJIKI NO BO (2)

UCHI KOMI	UKE DACHI
Hidari gedan no kamae	Sha no kamae
	Seigan (pieds joints)
Men uke en reculant	Maki uchi men
Shimoite	Te ura gasumi
Ura sune uchi	Ura sune uke
Shimoite	Ko gasumi
Omote yoko men uchi	Yoko men uke
Omote sune uchi	Omote sune uke
Shimoite	Migi gedan no kamae
Men uchi	Te ura gasumi
Nodo tsuki (gorge)	Bo osae
Shimoite	Hidari gedan no kamae
Men uchi	Te ura gasumi
Nodo tsuki (menace)	Jodan
Hiki ashi (bo horizontal)	Kote uchi
Tate nami no bo	
Seigan no kamae	Seigan no kamae

BOJUTSU

SAYU NO BO (3)

UCHI KOMI	UKE DACHI
Sha no kamae	Sha no kamae
	Seigan (pieds joints)
Men uke en reculant	Maki uchi men
Shimoite	Te ura gasumi
Ura yoko men uchi	Yoko men uke
Shimoite + hiki sugi ashi	Hidari gedan no kamae
Jodan ukeru	Maki uchi men
Shimoite	Te ura gasumi
Ura do uchi	Kasumi uke
Tamete matsu	Hidari gedan
Jodan ukeru	Maki uchi men
Shimoite	Ko gasumi (sur place)
Omote Yoko men uchi	Yoko men uke
Hiki ashi (bo horizontal)	Hon maki uchi + hiki ashi
Tate nami no bo	
Seigan no kamae	Seigan no kamae

BOJUTSU

KASA HAZUSHI NO BO (4)

UCHI KOMI	UKE DACHI
Kasa hazushi no kamae	Sha no kamae
Hidari jodan no kamae	Seigan (pieds joints)
O saete	Kote giri age
Shimoite	Migi no kamae
Men uchi	Te ura gasumi (chidori)
O saete	Ura do uchi
Shimoite	Te ura gasumi
Yoko men uchi	Ura men uke (sur place)
Shimoite	Ko gasumi (sur place)
Ura yoko men uchi	Omote men uke (o irimi)
Shimoite	Te ura gasumi (sur place)
Ura sune uchi	Ura sune uke (o irimi)
Hiki ashi (bo horizontal)	Hon maki uchi + hiki ashi
Tate nami no bo	
Seigan no kamae	Seigan no kamae

BOJUTSU

HANE TSURUBE NO BO (5)

UCHI KOMI	UKE DACHI
Hiki zue no kamae	Sha no kamae
	Seigan (pieds joints)
Ken osae (nodo tsuki : menace)	Maki uchi (seigan)
	Te ura gasumi (sur place)
In no maru	Kasumi uke
Shimoite	Hidari gedan no kamae
Men uchi	Te ura gasumi
Shimoite	
Shimesu	Ura do uchi
Shimoite	Ko gasumi (passage)
Shimesu	Omote do uchi
Hiki ashi (bo horizontal)	Hon maki uchi + hiki ashi
Tate nami no bo	
Seigan no kamae	Seigan no kamae

BOJUTSU

TATE NAMI NO BO (6)

UCHI KOMI	UKE DACHI
Tate bo no kamae (migi)	Sha no kamae
	Seigan (pieds joints)
Retrait, shimesu, men uchi	Kote giri
Tachi wari, mae ni ashi	Ushiro ni ashi
Shimoite	Sashi kae
Shimesu	Ura do uchi
Shimoite	
Shimesu	Omote do uchi
Osaite	Kote giri
Komaite (mae ni ashi)	Ushiro ni ashi
Mata tsuki (momo)	Sune uke
Shimoite	Kote giri
Shimesu	Ura do uchi
Tamete matsu	Hidari gedan
Jodan ukeru	Maki uchi men
Shimoite	Ko gasumi (sur place)
Omote Yoko men uchi	Yoko men uke
Hiki ashi (bo horizontal)	Hon maki uchi
Tate nami no bo	
Seigan no kamae	Seigan no kamae