



**HATAKEYAMA SENSEI**  
**MENKYO KAIDEN**



**TENSHIN SHODEN KATORI SHINTO RYU**

# **KENJUTSU**



## KENJUTSU :ITSUTSU NO TACHI (1)

| KIRI KOMI                 | UKE DACHI         |
|---------------------------|-------------------|
| Seigan                    | Seigan            |
| Hiki ni ashi              | Mae ni ashi       |
| Ne wari                   | In no kamae       |
| Hon maki uchi (deux fois) |                   |
| Mae ni ashi               | Hiki ni ashi      |
| Tsuki, maki uchi men      | Tachi wari        |
| Migi gedan                | ← Tsuki           |
| Ko gasumi                 | ← Maki uchi men   |
| Shimesu                   | ← Do giri         |
| O gasumi                  | Ken Osae          |
| Hidari gedan              | ← Kote giri       |
| Iraki                     | ← Maki uchi men   |
| Maki uchi men             | Te ura gasumi uke |
| Suwari gedan              |                   |
| Suwari no tori            | ← Men uchi        |
| Do giri                   | Do uke            |
| Kubi giri                 | Ken osae          |
| In no kamae               | In no kamae       |
| Iraki                     | ← Kubi giri       |
| Kote age                  | Kote azushi       |
| Kesa giri                 | Migi gedan        |
| Segan                     | Segan             |

## KENJUTSU : NANATSU NO TACHI (2)

| KIRI KOMI                                | UKE DACHI                         |
|------------------------------------------|-----------------------------------|
| Sha no kamae (ushiro)                    | Sha no kamae (mae)                |
| Seigan en avançant (pieds joints)        | Seigan en reculant (pieds joints) |
| Hon maki uchi (tachi wari)               | Hon maki uchi ushiro              |
| Do giri en avançant (suri age), kote age | Kote giri en reculant             |
| Do giri en avançant (suri age), kote age | Kote giri en reculant             |
| Do giri en reculant (sagaru), kote age   | Kote giri en avançant             |
| Do giri en reculant (sagaru)             | Do uke                            |
| Kote giri (sur place)                    | Kote uke                          |
| Kote giri (en avançant)                  | Kote osae                         |
| O gasumi                                 | Ken osae                          |
| Hidari gedan                             | ← Kote giri                       |
| Iraki                                    | ← Maki uchi men                   |
| Maki uchi men                            | Migi gedan                        |
| Ura do giri                              | Kasumi uke                        |
| Shin no kamae                            | ← Jodan                           |
| Do uke                                   | ← Do giri                         |
| Mata tsuki, o kachi dachi                | Ken osae                          |
| Shimesu, maki uchi men                   | Migi gedan                        |
| Ura yoko men uchi                        | Yoko men uke                      |
| In no kamae                              | In no kamae                       |
| Iraki                                    | ← Kubi giri                       |
| Kote age                                 | Kote azushi                       |
| Kesa giri                                | Migi gedan                        |
| Seigan                                   | Seigan                            |

### KENJUTSU : KASUMI NO TACHI (3)

| KIRI KOMI                     | UKE DACHI               |
|-------------------------------|-------------------------|
| Seigan                        | Seigan                  |
| Jodan (hiki)                  | Jodan (mae)             |
| Seigan (pieds joints)         | Seigan (pieds joints)   |
| Maki uchi men mae             | Maki uchi men ushiro    |
| Kote age                      | Kote azushi             |
| Shimesu                       | Ken otoshi, in no kamae |
| Maki uchi men                 | Shinogi kesuri          |
| Migi gedan                    | ← Tsuki                 |
| Irimi ko gasumi               | ← Maki uchi men         |
| Men uchi                      | Ko gasumi uke           |
| Hara tsuki                    | Do uke                  |
| Ken osae                      | ← Mata tsuki            |
| Ura do uchi                   | Do uke                  |
| Maki uchi men (fumi kae ashi) | Tori uke                |
| Uchi ashi, ura do             | ← Waki tori             |
| In no kamae                   | ← Tsuki                 |
| Do uke                        | ← Do giri               |
| Han men uchi                  | Men osae (tachi wari)   |
| Do uke                        | ← Do giri               |
| Mata tsuki                    | Ken osae                |
| O kachi dachi                 | Migi gedan              |
| Maki uchi men                 | Ken osae                |
| Ai gasumi                     | Ai gasumi uke           |
|                               | ← Tachi hane            |
| Do uke                        | Do giri                 |
| Shimesu                       | Migi gedan              |
| Ura do                        | Do uke                  |
| Kesa giri                     | Migi gedan              |
| Seigan                        | Seigan                  |

## KENJUTSU : HAKKA NO TACHI (4)

| KIRI KOMI                   | UKE DACHI                 |
|-----------------------------|---------------------------|
| Seigan                      | Seigan                    |
| Gedan                       | Gedan                     |
| Hiki ni ashi                | Hiki ni ashi              |
| Seigan                      | Seigan                    |
| Mae ni ashi                 | Mae ni ashi               |
| Do uke                      | Do uchi                   |
| Mata tsuki                  | Ken osae                  |
| O kachi dachi               | Migi gedan                |
| Maki uchi men               | Tachi wari                |
|                             | Tachi maki                |
| Aizuki                      | Aizuki                    |
| Ken osae                    | Kote giri                 |
|                             | Kubi giri                 |
| Shin no kamae               | Shin no kamae             |
|                             | Kubi giri                 |
| Kote age                    | Kote azushi               |
| Shimesu                     | Ken otoshi                |
| Maki uchi men               | Tachi wari                |
|                             | Tachi maki                |
| Aizuki                      | Aizuki                    |
| Ko gasumi irimi             | Kata giri (chidori)       |
| Nagashi, men uchi           | Tori uke                  |
| Kote giri                   | Kote uke                  |
| Do uchi                     | Do uke                    |
| O gasumi                    | Ken osae                  |
| Hidari gedan                | Kote giri                 |
| Hiraki                      | Maki uchi men             |
| Maki uchi men               | Tachi wari                |
| Ko gasumi irimi (90 degrés) | Kata giri                 |
| Men uchi (nagashi)          | Men uke (hiki)            |
| Do uke                      | Do giri                   |
| Seigan                      | Seigan                    |
| Mae ni ashi                 | Hiki ni ashi              |
|                             | Sashi kae                 |
| Do uke                      | Do giri                   |
| Maki uchi men (ushiro)      | Maki uchi men (ushiro)    |
| Maki uchi men (sur place)   | Maki uchi men (sur place) |
| Migi gedan                  | Jodan en avançant         |
| Shidori ko gasumi           | Men uchi                  |
| Kesa giri                   | Migi gedan                |
| Seigan                      | Seigan                    |